



# PARENT AND CHILD DEVELOPMENT (PDC)

East Harlem, NY. USA

## SUMMARY OF PROJECT

**Organization carrying it out:** Little Sisters of the Assumption Family Health Service, Inc.

**Contact person for further information:** Wendy Miron, LCSW

**Year it began** 1996 **Year it ended:** ONGOING

## The reason for the Project and its objectives

**What was the context of this Project? What is/was the need to which this Project responded?**

To work with marginalized, poor families facing multiple social, health, educational, and emotional problems, and to provide opportunities to move out of isolation, to socialization, to leadership in the local community, and to provide the opportunity to belong to "a family where everyone is called by name."

## DESCRIPTION OF THE PROJECT

**Please give a brief description of the Project:**

PCD STAFF works with parents to keep young children up to age 3, developmentally on track through home visits and socialization groups. It also offers academic enrichment to children in grade 3 to K.

**What is/was its main objective:**

To support family life in positive growth, leading to development of full capacities of all members.

**What is/were the main activities:**

Parents and their children, ages 0-3 years, meet in groups of 10 for a morning or afternoon session, to participate in a variety of activities that include music and rhythm, interactive play, movement, art work, attachment, security and separation, language and literacy, exploration and learning, self-regulation and emotional development, connection to resources. These activities take place in LSAFHS Center, AS of the last few years, we have had 10 groups of 10 parents and child(ren) each enrolled. The other component is Home Visiting, 2x a month, the focus is strengthening the parent-child interaction and promoting healthy development. The main results of these activities is to help and support parents in a healthy development of their children in the early, formative years.

**The main results of the activities:**

## **MODEL OF INTERVENCION**

**The team which participated in the Project:**

**Describe the people who were involved in developing it: ie salaried? Volunteers? Both?**

Center activities: Program Supervisor, 2 head teachers, 3 assistant teachers, child care volunteers and a consultant music instructor. HOME VISITOR PROGRAM: Program Director, program supervisor, intake coordinator and 5 home visitors. Aside from the volunteers, all other workers are salaried.

**Benefits of the Project:**

**What were the principal benefits for the participants and for the local community?**

**What changes were produced in individuals, and in families through in this project**

- Strengthen family life - Develop healthy family relationships
- Identify "troubled areas" and early referrals to provide positive interventions
- "healthy families make healthy communities - promote local leadership

**Other organizations involved:**

depending on the local resources, input for specific topics or services including medical and social service resources, local schools, educational possibilities for parents and children, adult education, Church related contacts and communities, local government resources, causes for justice and peace.

**The Budget and the way of financing the Project:**

Was there funding from government, or totally voluntary funds or both?

**Grants and Foundations, and fund raising activities.**

**How sustainable is/was the Project into the future?**

Depending on funds or lack of funds, this program has been sustained since 1996 , through adjustments as needed. It is an expression of our Charism to respond to family life and needs, what ever the structure of the family and the variety of circumstances they are in. To keep it functioning is a main focus of the Center.

**How was our charism made present/alive through this Project?**

This program is a living expression of our Charism.

Signed: \_\_\_\_\_Susanne Lachapelle\_\_\_\_\_

Date: \_\_\_\_\_January 17, 2018\_\_\_\_\_